# Antiviral activity of *Deschampsia antarctica* plant extracts in vitro

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#### **Abstract**

Main objective of research to study the *D. antarctica* extracts antiviral activity which was grown *in vitro* and propagated by cloning. The *D. antarctica* aqueous ethanolic extracts was tested on *in vitro* models of MDCK – Madin-Darby Canine Kidney cells and PEK – Porcine Embryonic Kidney cells and influenza virus, A/FM/1/47(H1N1) strain and transmissible gastroenteritis virus – porcine coronavirus (TGEV). The antiviral activity of *D. antarctica* plant extracts (G/D9-1 genotype) on experimental models of influenza viruses and Coronavirus TGEV *in vitro* was conducted. *D. antarctica* plant extracts high antiviral activity on influenza viruses and Coronavirus TGEV *in vitro* was shown.

**Key words:** Deschampsia antarctica extracts, antiviral activity, polyphenolic compounds, flavonoids

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# Introduction

Antarctic vascular plants, in particular *Deschampsia antarctica* É. Desv., growing in most extreme environmental conditions, can be a promising source of polyphenolic compounds with a wide spectrum of bio-

logical activity(Köhler et al. 2017, Kunakh et al. 2023). Medicinal plants have an almost infinite variety of chemical compounds, among them it is possible to find active substances that can be used to in-

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hibit the replication of both DNA and RNA viruses (Akram et al. 2018). So polyphenols block the entry into the host cells, inhibit the multiplication of the virus, seal blood vessels and protect against superinfection (Chojnacka et al. 2021). Some of the flavonoids showed more potent antiviral activity than the market available drugs used to treat viral infections (Badshah et al. 2021).

Analysis of *D. antarctica* plant extracts (G/D9-1 genotype) by MALDI MS (matrix-assisted laser desorption/ionization time-of-flight mass spectrometry) showed the presence of polyphenolic substances: simple phenols/hydroxybenzoic acids and

their derivatives, hydroxycinnamic acids and their derivatives, flavonoids and their derivatives (coumestrol, tricin, luteolin trimethyl ether, isoswertisin, orientin, isoswertiajaponin, tetrahydroxy-methoxyflavone glucuronide, isoswertisin 2"-O-beta-arabinoside (apigenin derivatives), isoswertiajaponin 2"-O-beta-arabinopyranoside) and fatty acids (Ivannikov et al. 2021). Previously, *D. antarctica* extracts were shown to have antitumor and antioxidant activity (Gidekel et al. 2011, Ivannikov et al. 2021).

In this research, we studied the antiviral activity of extracts from *D. antarctica*, which was grown *in vitro* and propagated by cloning.

## **Material and Methods**

Only two indigenous flowering plant species: *Deschampsia antarctica* É. Desv. (Poaceae) and *Colobanthus quitensis* (Kunth) Bartl. (Caryophyllaceae) are found in the maritime Antarctic. The plants of *D. antarctica* used in this study were sampled from the field and then cultivated on agar medium under greenhouse conditions. To study antiviral activity, an extract of *in vitro* cultivated *D. antarctica* (genotype G/D9-1) was taken as described in (Kunakh et al. 2023). The extracts were prepared from dry plant leaves of a 1,5-month-old plant (Fig. 1).

The extracts were prepared from dry plant leaves of a 1,5-month-old plant. Dried leaves of plants of this genotype were ground into powder and extracted with ethanol at a concentration of 45% at the rate 1 g of dry plant material per of 10 ml, for 7 days at room temperature. To prepare the reconstituted extract, 5 ml of the original extract was evaporated in a rotary evaporator and the resulting dry residue was dissolved in sterile distilled water to the volume of the original extract.

Aqueous ethanolic extracts of D. ant-

arctica leaves were used for in vitro experiments.

The following continuous cell lines were used: MDCK – Madin-Darby Canine Kidney cells and PEK – Porcine Embryonic Kidney cells.

The viruses used in the study:

- 1. Influenza virus, A/FM/1/47(H1N1) strain, was obtained from the Depository of Viruses at L.V. Gromashevsky Institute of Epidemiology and Infectious Diseases, Academy of Medical Sciences of Ukraine. Infectious titer in MDCK cells 3 10.0 lg ID<sub>50</sub>/0.2 mL, hemagglutinin titer 1:512 hemagglutination units/0.2 mL.
- 2. TGEV (Transmissible GastroEnteritis Virus) porcine coronavirus, etiologic agents of porcine transmissible gastroenteritis. D<sub>52-5</sub> (BRE<sub>79</sub>) strain is highly pathogenic for the pigs of any age. The virus used in the study was obtained after 5 passages in ST cells (fibroblast-like cells isolated from testicle of a pig). The strain of TGEV was kindly provided by Dr. Hubert Laude from Molecular Virology and Immunology Laboratory of INRA Biotechnological Center, Jouy-en-Josas, France.



Fig. 1. Deschampsia antarctica in vitro, G/D9-1 genotype (1,5-month-old plant).

The infectivity of virus was assessed by two methods. The technique of the endpoint dilution was based on estimating cytopathic effect (CPE) in cell culture. The infectious titer was calculated by Kerber-Ashmarin and expressed as tissue cytopathic dose (TCD)<sub>50</sub>/mL. The analysis of the negative plaques (S marker) was performed in 1.35% agar (Difco-Bacto) and the infectious titer was expressed in plaque-forming units (PFU)/mL. The results were registered following 120-h culture at 38°C.

50% cytotoxic concentration (CC<sub>50</sub>) of the extracts under study was assessed by CPE in MDCK and PEK cells. The cells were seeded in a 96-well plate and various dissolution of the assayed extracts were added in triplicate. The cells were incubated for 5 days at  $37^{\circ}$ C in a 5%

CO<sub>2</sub>-humidified incubator. The plates were viewed daily for detecting CPE presence or absence. CPE (cell rounding, degeneration, cell detachment from the surface of the wells) was assessed by scoring the cell layer by 5-point scale such as follows:

"-" - degeneration is absent

"+" – damage of cell layer by not more than 25%

"++" - damage of cell layer by not more than 50%

"+++" – damage of cell layer by not more than 75%

"++++" – complete degeneration of cell layer

50% cytotoxic concentration (CC<sub>50</sub>) was then calculated as the compound concentration required for the reduction of cell viability by 50%.

For assaying antiviral activity of the substances, 50% effective concentration (EC<sub>50</sub>) was estimated as the compound concentration exerting half-maximal protective effect assessed by CPE inhibition and reduction of the infectious titer by not less than 2 lg. For assessing EC<sub>50</sub>, test virus was added to cells grown in 96-well plate in a dose of 100 TCD<sub>50</sub>/0.1 mL. Upon absorption of virus (60 min, 37°C), the cells were washed and the maintenance medium (RPMI-1640 with 2% of fetal calf serum) was added. Then the assayed substances were added in different concentrations. The protection against virus-induced CPE with the reduction of infectious titer by not less than 2 lg allowed calculating EC<sub>50</sub> of the substance under study.

The selectivity index (SI) was calculated as  $CC_{50}$  to  $EC_{50}$  ratio.

The anti-influenza activity of the sub-

stances under study *in vitro* was assessed in MDCK cells. The cell monolayer in microplates was washed with trypsin-TPCK (50 µL per well). Then influenza virus was added at a dose of 100 TCD<sub>50</sub>. Upon absorption of virus, the cells were washed and the assayed substances were added in different concentrations. The cells were cultured for 3 days; the state of cells was checked daily under microscope. In 72 h, the culture medium was collected for the assessment of the infectious titer of influenza virus.

Anti-coronavirus activity was assayed in PEK cells infected with TGEV at a dose of 100 TCD<sub>50</sub>. The infected cells treated with the assayed substances were cultured for 3 days, and then the culture medium was collected for the assessment of TGEV infectious titer (Stefanov 2001<sup>[1]</sup>).

# Statistical analysis

The data obtained were statistically processed by Microsoft Excel software. The significance of the difference was calculated by Student's t-test. The difference

was considered as significant at p < 0.05.

EC50, CC50 and SI were calculated using nonlinear regression analysis (Stefanov 2001<sup>[1]</sup>).

### **Results and Discussion**

The study of the cytotoxic effects of two types of *D. antarctica* G/D9-1extracts

of genotype in MDCK and PEK cells demonstrated significant difference (Table 1).

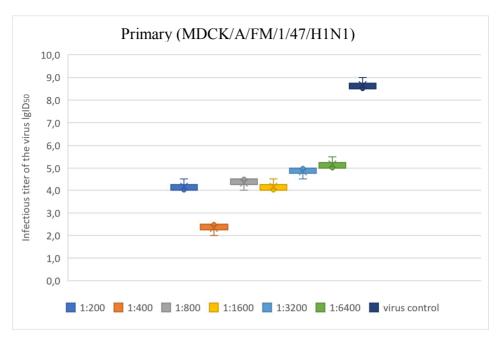
Extract	Cell culture		
	MDCK	PEK	
	Extract dilution corresponding to CC <sub>50</sub>		
Primary	1\128	1\128	
Reconstituted	1\32	1\16	

**Table 1.** CC<sub>50</sub> of two types of extracts of *D. antarctica in vitro*, G/D9-1 genotype in MDCK and PEK cells.

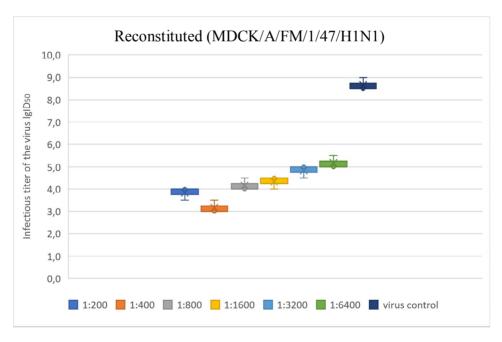
The primary extract of *D. antarctica in vitro* turned out to be more cytotoxic as compared to the reconstituted one.

The data on the assessment of the  $EC_{50}$ 

of the substances in the models of influenza virus A/FM/1/47(H1N1) and TGEV are demonstrated in Figs. 2-5.

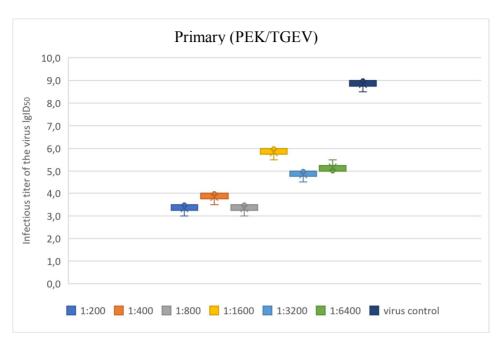


**Fig. 2.** Infectious titer of influenza virus A/FM/1/47(H1N1) in MDCK cells treated with the primary extract of *D. antarctica in vitro*, G/D9-1 genotype.

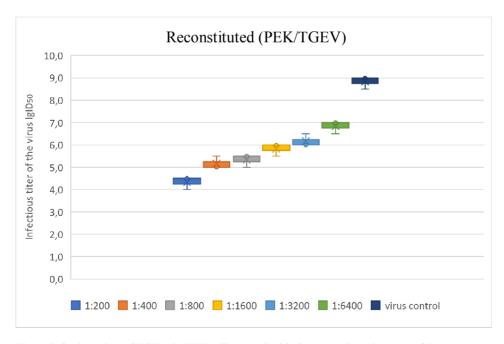


**Fig. 3.** Infectious titer of influenza virus A/FM/1/47(H1N1) in MDCK cells treated with the reconstituted extract of *D. antarctica in vitro*, G/D9-1 genotype.

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**Fig. 4.** Infectious titer of TGEV in PEK cells treated with the primary extract of *D. antarctica in vitro*, G/D9-1 genotype.



**Fig. 5.** Infectious titer of TGEV in PEK cells treated with the reconstituted extract of *D. antarctica in vitro*, G/D9-1 genotype.

The data demonstrated that the assayed extracts of *D. antarctica in vitro*, G/D9-1 genotype, inhibited reproduction of influenza virus A/FM/1/47(H1N1) and TGEV

in dilutions up to 1:6400 effectively. The calculated selectivity index is presented in Table 2.

Virus	Extract D. antarctica	CC <sub>50</sub> , mkg/ml	EC <sub>50,</sub> mkg/ml	SI
Influenza A/FM/1/47(H1N1)	Primary	1:128	1:6400	50
	Reconstituted	1:32	1:6400	200
Coronavirus TGEV	Primary	1:128	1:6400	50
	Reconstituted	1:16	1:6400	400

**Table 2.** Selectivity index (SI) for the assayed extracts of *D. antarctica in vitro*, G/D9-1 genotype for influenza virus and coronavirus.

Therefore, selectivity index for the reconstituted extract for 4-fold higher for influenza virus and 8-fold higher for TGEV. Selectivity index for both extracts exceeds the value of 16 set as acceptance criterion for assessing prospecting substances with antiviral activity.

This result can be explained by fact that the *D. antarctica in vitro* water-ethanol extract contains apigenin and luteolin as part of the polyphenolic fraction.

Earlier, flavonoids-containing phytopreparation antiviral activity against human alphaherpesvirus 2, hepatitis C surrogate virus and transmissible gastroenteritis coronavirus was shown by this method (Galkin et al. 2023).

In addition, apigenine and luteolin studies have shown antiviral activity against viruses of SARS-CoV 3CL(pro), hepatitis C, enterovirus-71 and coxsackievirus A16 (Ryu et al. 2010, Shibata et al. 2014, Zhang et al. 2014, Dai et al. 2019, Xu et al. 2014).

We plan to continue researching the antiviral activity of plant extracts from the Antarctic flora

#### Conclusion

For the first time, conducted studies of the antiviral activity of *D. antarctica*.

G/D9-1 genotype plant extracts on ex-

perimental models of influenza viruses and Coronavirus TGEV *in vitro* showed high antiviral activity of its extracts.

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